



# Valley of Flowers

**34+** years

Since 1990

The Most Trusted Trekking Community in India

 **4.8** ★★★★★  
Rated  
3118+ Reviews 



25,000 + Happy Hikers per year



## Trek Highlights:

**Best Time: July to September**



**Trek Difficulty**  
Moderate



**Trek Duration**  
6 Days / 5 Nights



**Highest Altitude**  
12,140 ft



**Suitable For**  
8 - 65 years



**Total Trek Distance**  
34 km



**Basecamp**  
Govindghat



**Accommodation**  
Hotel



**Region**  
Uttarakhand



**Pickup / Dropoff**  
Dehradun/Rishikesh

## Trek Attraction:

- ✓ Hemkund Sahib
- ✓ Pushpavati River
- ✓ Ghangaria village
- ✓ Rare & Endangered Flowers

 **HIMALAYAN HIKERS**  
The Trekking Community In India

# Valley of Flowers With Hemkund Sahib Trek Route



# Short Itinerary

## Rishikesh / Dehradun



Govind Ghat Stay



Ghangaria



Valley of flowers



Hemkund Sahib



Govind Ghat Stay



Dehradun Railway  
Station via  
Rishikesh

### Day 1:

**Pickup to you from Dehradun Railway Station Drive to Govind Ghat via Rishikesh Devprayag**

- Pickup Time:  
6:00 am from Dehradun Railway Station & 7:00 AM from Rishikesh
- Distance: 288 km 10–11 hours

### Day 2:

**Drive from Govindghat to Pulna by Local taxi (05 km –30 minutes drive ,same day trek to Ghangaria**

- Trek Distance: Approx. 9 km (On foot) 5–6 hours

### Day 3:

**Trek from Ghangaria to Valley of flowers**

- Trek Distance: 10km (On foot) 7–8 hours

### Day 4:

**Trek from Ghangaria to Hemkund Sahib (14,100 feet) back to Hotel**

- Trek Distance: 12km (On foot) 7–8 hours

### Day 5:

**Trek from Ghangaria to Pulna Road head (09km) (4/5 hours)same day Drive to Govind Ghat Hotel (05km)**

- Trek Distance: 9km (On foot) 5–6 hours

### Day 6:

**Drive from Govindghat to Dehradun Railway Station via Rishikesh**

- Distance: 288 km (Tempo travellers) 10–11 hours

# Trek Included

Category	Details
<b>Transport</b>	Dehradun to Dehradun round-trip via Tempo Traveler (Pickup & Drop) Rishikesh to Rishikesh round-trip via Tempo Traveler (Pickup & Drop)
<b>Permits &amp; Entry</b>	Forest Permit and Entrance Fees
<b>Accommodation</b>	Tented Accommodation on quad sharing
<b>Meals</b>	Breakfast, Lunch, Tea, Coffee, Snacks, Soup, Dinner (All meals included)
<b>Camping Gear</b>	High-Quality Dome Tents, Sleeping Bags, Mattress, Liner
<b>Sanitation Setup</b>	Separate Toilet Tents (Ladies & Gents), Dining Tent, Dining Table, Camping Chair
<b>Support Staff</b>	Kitchen Team, Trek Helpers
<b>Communication Tools</b>	Radio Walkie-Talkie
<b>Trek Guides</b>	Experienced Trek Leader & Technical Guide
<b>Safety Equipment</b>	Medical Kit, Oxygen Cylinders, Pulse Oximeter

## Trek Excludes

Category	Details
Meals (Not Included)	– <b>Day 1:</b> En route Breakfast & Lunch to base camp– <b>Day 6:</b> En route Lunch & Dinner (not included)
Insurance & Documents	– Personal Insurance– Medical Certificate ( <b>Mandatory for age 50 and above</b> )
Personal Essentials	– Personal Toiletry Items– Personal Medical Kit
Porter Service	– Porter fee: ₹800 per day ( <b>to be paid directly at Govindghat base camp</b> )– Minimum bag weight for porter: <b>8 kg</b>
Foreign Nationals	– ₹1600 extra for trekking permit– <b>Passport</b> and valid <b>Visa</b> required

## Important Links:

[Cancellation Policy](#)

[Privacy Policy](#)

# Booking Method & Package Details

Complete Package from Rishikesh/Dehradun To Rishikesh/Dehradun

Start From

₹ 9,500

6 D/5 N

PER PERSON



TRANSPORT



STAY



FOOD



SAFETY



GUIDE



PERMITS

## 1. Online Booking:

<https://himalayanhikers.in/valley-of-flowers-trek>

This trek can be booked online through the provided link, which is the official trek page of Himalayan Hikers.

It offers complete details about the Valley of Flowers Trek, including itinerary, pricing, and booking options.

## 2. Offline Booking

- **Direct Office Visit:** Himalayan Hikers has physical offices (especially in Uttarakhand), where trekkers can visit in person, discuss treks, and complete bookings directly.
- **Phone Booking:** You can also call their office to make a booking. Details about payment methods, trek dates, and other logistics can be confirmed over the phone.



## Important Note

Himalayan Hikers requires a 25% advance payment to confirm the trek booking via Google Pay, UPI, or direct bank transfer. The remaining amount must be paid at the basecamp office before the trek begins.

**Both domestic and international payment methods are accepted.**



# Reach Us for Bookings & Inquiries

## Kuldeep Rawat

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**Head office:** Chandrabani Choila near wildlife institute, ISBT Dehradun

## Our Affiliation :



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